

This is your community



Gold Medal School, Hill Field Elementary

Is your school a Gold Medal School?

More than half of the elementary schools in Utah are Gold Medal Schools. That's more than 250 schools, and yours could be one of them. A Gold Medal School is a school where all the kids, teachers, the principal and the parents decide they want their school to stay healthy. Gold Medal Schools give kids more time to get outside and be active, offer more nutritious food options, and make sure kids stay tobacco-free.

By building a healthy school, Gold Medal Schools earn awards and money from the Utah Department of Health that they can use for things like P.E. equipment or salad bars in the cafeteria.

Aspen Elementary in Orem, is October's Gold

Medal School of the Month. Kids at Aspen have set a goal to walk enough Gold Medal Miles together that they could reach Mexico City, Mexico.

Other Gold Medal Schools like Academy Park Elementary in West Valley, walk together every morning during recess. And their teachers say their grades are improving because of it.

Ask your teacher or your principal if your school is a Gold Medal School.

Congratulations to all the Gold Medal Schools who are working so hard to make their schools, students and teachers more healthy!

Find out more at the Gold Medal Schools web site at www.hearhighway.org/gms.

Receive a free Gold Medal Schools sweatband

If you participate in Gold Medal Schools, tell us in one paragraph what you love about being a Gold Medal School and we will send you a free Gold Medal Schools sweatband. Pictures and drawings are welcome, too. Don't forget to include your name, address and school.

**You can either e-mail it to: jessieshupe@utah.gov
or mail it to: Utah Department of Health
Attn: Gold Medal Schools
PO Box 142107
Salt Lake City, UT 84114-2107**

